## November 2019

## GMG Breakfast/Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				B: Omlet, Toast, Juice & Low-Fat Milk L: Hamburger on Bun, FF, Pineapple, Salad Bar, Low-Fat Milk
4 B: Donut Holes, Juicy & Low-Fat Milk L: Taco, Hashbrowns, Mandarin Oranges, Salad Bar, Low-Fat Milk	5  B: Breakfast Biscut, Juice & Low-Fat Milk  L: Goulash, Green Beans, Applesauce, Breadstick, Salad Bar, Low-Fat Milk	B: Breakfast Bar, Juice & Low-Fat Milk L: Chicken Strips, Potatoe Wedges, Peaches, M & M Cookie, Salad Bar, Low-Fat Milk	B: Pancake on a Stick, Sausage, Juice & Low-Fat Milk L: Hot Dog, Baked Beans, Pears, Salad Bar, Low-Fat Milk	8 B: Biscuts and Gravy, Juice & Low-Fat Milk L: Mac & Cheese, Little Smokies, Peas, Pineapple, Salad Bar, Low-Fat Milk
B: Frosted Donut, Juice & Low-Fat Milk L: Super Nachos, Taco Beans, Madarin Oranges, Orange Muffin, Salad Bar, Low-Fat Milk	B: Breakfast Biscut, Juice & Low-Fat Milk L: Tenderloin, FF, Applesauce, Salad Bar, Low-Fat Milk	13  B: Breakfast Pizza, Juice & Low-Fat Milk  Thanksgiving Dinner  Senior Citizen's Meal	B: Mini Pancakes, Sausage, Juice & Low- Fat Milk L: Sloppy Joe, Tator Tots, Pears, Salad Bar, Low-Fat Milk	NO SCHOOL TEACHER IN-SERVICE
18 B: Long John, Juice & Low-Fat Milk L: Corn Dog, Baked Beans, Mandarin Oranges, Applecrisp, Salad bar, Low-Fat Milk	B: Breakfast Biscut, Juice & Low-Fat Milk L: Chicken Fried Steak, Mashed Potatoes, Carrots, Applesauce, Dinner Roll, Saled Bar, Low-Fat Milk	20 B: Breakfast Bar, Juice & Low-Fat Milk L: Mr. Ribb, Hashbrowns, Peaches, Salad Bar, Low-Fat Milk	B: Waffles, Sausage, Juice & Low-Fat Milk L: Tater Tot Casserole, Green Beans, Pears, Breadstick, Salad Bar, Low-Fat Milk	22  B: Scambled Eggs, Toast, Juice & Low-Fat Milk  L: Chicken Nuggets, Mashed Potatoes, Pineapple, Rice Krispie Bar, Salad Bar, Low-Fat Milk
B: Donut Holes, Juice & Low-Fat Milk L: Ham and Bean Soup, Hot Ham & Cheese, Mandarin Oranges, Oatmeal Cookie, Salad Bar, Low-Fat Milk	26 B: Breakfast Biscut, Juice & Low-Fat Milk L: Chicken Sandwich, FF, Applesauce, Low-Fat Milk	NO SCHOOL THANKSGIVING BREAK	28 NO SCHOOL THANKSGIVING BREAK	29 NO SCHOOL THANKSGIVING BREAK